

## PROGRAM DESCRIPTIONS

*Below is a description of the junior programs offered at Crooked Creek. These descriptions act as a guideline in assisting the best class placement for students.*

**Pickleball Elementary School** - Clinics offer an intro to pickleball fundamentals, including rules, scoring, and basic strategy. Students will learn how to serve, drive, dink and volley in the context of fun and engaging drills and games.

***Class Times - Wednesday 4:00-5:00pm***

**Pickleball Middle/High School** - Clinics offer an intro to pickleball fundamentals, including rules, scoring, and basic strategy. Students will learn how to serve, drive, dink and volley in the context of fun and engaging drills and games.

***Class Times - Mondays and Wednesdays 5:00-6:00pm***

**Red Ball** - For ages 4-5 (preschool) being introduced to the sport. Start to learn basic skills through lots of hand/eye coordination games and tracking of the ball.

***Class Times - Monday and Wednesday 2:15-3:00pm***

**Orange 1** – For kids age 5-7 (kindergarten through 2nd grade) who are looking to be introduced to the sport. No experience necessary! Students will learn basic stroke technique, including how to set up and swing through the ball with proper form and how to recognize each stroke in a rally situation. The goal is to consistently maintain a 6+ ball rally with other students and learn 10/U scoring options for USTA

***League. Class Times - Monday, Tuesday, Thursday 3:00-4:00pm and Saturday 9:00-10:00am***

**Orange 2** – For ages 8-10 (3rd through 5th) who have participated already in Orange Ball 1 OR are new to the sport but aged 9 or 10. Students will build on their knowledge of stroke recognition and improve their movement on court. The goal is to maintain a 10+ ball rally with other students, recovering to appropriate positions on the court after each shot. Students should be able to participate in ALTA/USTA team tennis. ***Class Times - Monday, Tuesday, Thursday 4:00-5:00pm***

**Green Ball** - For ages 8-11 who have already participated in Orange Ball 2, OR are new to the sport but aged 11-12. Students should be on USTA/ALTA League teams and able to compete in Level 6/7 tournaments where available. In addition to maintaining a 10+ ball rally with other students and recovering to appropriate positions after each shot, players will further develop control and recognition of different spins. The class will also discuss basic singles and doubles match-play strategy.

***Class Times - Monday and Wednesday 4:00-5:30pm, Tuesday, Wednesday and Thursday 5:30-7:00pm***

**Developmental Yellow** – For ages 11-14 that have participated in Green Ball Classes or have prior experience playing with Yellow Balls. Students should be looking to participate in ALTA/USTA team play or play JV High School tennis with the potential to move into Varsity. Group will focus on developing proper technique on strokes and learning match play strategies for singles and doubles. Developing use of topspin and slice shots as well as able to recognize speed, spins and depths of shots from opponents. Students should be able to rally 20+ balls with another student.

***Class Times - Monday, Tuesday, Wednesday, Thursday and Friday 5:30-7:00pm***

**Yellow Ball** - For ages 11+ that are actively playing monthly USTA tournaments and planning on playing High School Varsity tennis. Groups will involve on court conditioning, stroke specific drilling, live ball strategic planning and developing an attacking style game plan. Increased ability to control different speed, spins and depths of shots and develop appropriate shot selection based on court position and point situation. Students should be able to rally 50+ balls with another student. ***Tuesday, Wednesday, Thursday and Friday 3-5pm.***  
***Monday, Tuesday, Wednesday, and Thursday 5-7pm.***